

The Doctors Center

HEALTH SERVICES

"All testing and exams are done professionally and the administrative requirements are handled in a timely manner. I highly recommend The Doctors Center Health Services for any company."

-Jeff,
Human Resource
and Safety Director

Who We Are

Founded in 1999, with corporate headquarters in Jacksonville, Florida and a satellite office in California, The Doctors Center Health Services is a provider of mobile occupational health testing programs dedicated to preserving safe work environments and improving existing safety programs for our clients and their employees.

Our highly trained staff will come to your facility in one of our modern mobile units to train, test, and screen your employees, ensuring a convenient and comfortable way for your company to maintain a healthy and positive work environment without interrupting productivity.

At the same time, our highly experienced physicians and administrators will make sure that all our services keep your company in proper compliance with the latest OSHA mandates and regulations.

Our services include:

- AUDIOMETRIC TESTING
- RESPIRATOR FIT TESTING
- HEALTH AND WELLNESS SCREENING
- D.O.T. PHYSICALS AND ANNUAL MEDICAL MONITORING
- SUBSTANCE ABUSE TESTING
- IMMUNIZATIONS



We provide a wide range of OSHA compliance testing and training programs at competitive prices. Call today—our dedicated staff is waiting to answer questions or provide additional information.

9803-3 Old St. Augustine Rd. • Jacksonville, FL 32257
(904) 880-9515 • (904) 292-9684 (Fax) • www.thedoctorscenter.com

Drug Screens • Physicals • Audio Testing • Fit Testing • Immunization • Health Screens

• Approximately 4.6 of every 100 employees experienced a job-related injury or illness, and in 2006, 5,703 employees lost their lives on the job.

• Since its inception in 1971, OSHA has helped to cut workplace fatalities by more than 60% and occupational injury and illness rates by 40%.

Our Services

Hearing Conservation Program

- In-depth hearing history questionnaire
- 4-5 employees tested at a time in mobile, sound insulated booth
- Testing conducted by CAOHC-certified technicians
- Employee education and training
- Otoscope exam
- Continuous monitoring of test room noise level
- Summary reports with evaluation letters for employee files

Respiratory Protection Program

- In-depth respiratory health questionnaire
- Physician review with recommended respiratory clearance
- Hands-on training of respiratory use and maintenance
- Medical clearance forms provided for each employee
- Pulmonary Function Test (PFT)
- Qualitative and Quantitative fit testing methods
- Video presentation of fundamentals of respiratory protection
- Year-round support

Medical Screening and Surveillance

- Blood tests
- Vision screening
- Ultrasounds
- X-Rays
- Physicals
- Immunizations
- KYN® Disease Risk Assessment

Substance Abuse Testing Program

- Medical Review Officers on staff
- Local and national collection sites
- Web based reporting
- National management programs
- 24-hour turnaround on negative results
- Random selection program available
- Mobile testing

Consulting and Training Programs

- Design & implement occupational health programs
- Workers compensation case management
- Hearing protection & Respiratory protection training
- OSHA, ADA, DOT compliance
- Wellness programs
- CPR & first aid courses

• As many as 30 million Americans work in hazardous noise.

• At least 28 million Americans suffer from hearing loss.

• Noise-induced hearing loss is the #2 self-reported occupational illness.

Hearing Conservation Program

THE DOCTORS CENTER HEALTH SERVICES' comprehensive hearing conservation program is designed to protect workers exposed to a time weighted average of 85db or greater and to comply with the OSHA code of federal regulations 1910.95

Audiometric Testing

- In-depth hearing history questionnaire
- Documented equipment calibration reports
- Continuous monitoring of test room noise levels
- Otoscopic evaluation of the ear canal
- Four to five employees at a time tested in sound insulated booth
- Testing conducted by CAOHC-certified technicians

Audiologist Services

- Review and recommendation of all audiograms
- Licensed audiologist available for professional support
- Year round support

Employee Education/Training

- Video presentation on fundamentals of hearing conservation
- Hands-on training of hearing protection devices
- Question and answer session to ensure employee knowledge

Documentation

- Employee evaluation letter
- Individual hearing test reports
- Standard Threshold Shift (STS) reports

Benefits

- Encourages consistent and correct use of hearing protection
- Protection from unfounded allegations of work-related injuries
- Decreased downtime/increased productivity
- Provides a safe and healthier workplace



"I used to send my crew to a local clinic for fit testing until I realized how much time could be saved by having DCHS bring a mobile unit on site. The testing went smoothly and the reports were turned around quickly."

*-Martin
Safety Manager*

Respiratory Protection Program

THE DOCTORS CENTER HEALTH SERVICES' Respiratory Protection Program provides employers with a comprehensive plan to comply with all regulations and ensure safety with respirator use. This program is designed to protect the employee in the industrial setting and/or the healthcare worker exposed to TB and is in accordance with the OSHA Code of Federal Regulations 1910.134.

Medical Clearance

- In-depth respiratory health questionnaire
- Pulmonary function testing
- Physician review with recommended respiratory clearance
- Programs originated by licensed healthcare professionals

Respirator Fit-testing

- Qualitative and quantitative fit-testing methods available
- 14 quantitative fit testing machines in stock
- TSI PortaCount® and OHD Fit Tester 3000 machines available

Employee Education/Training

- Video presentation of fundamentals of respiratory protection
- Hands-on training of respiratory use and maintenance
- Question and answer session to ensure employee knowledge
- Year-round support

Documentation

- Fit-testing/training documentation signed by employee
- Medical clearance forms provided for each employee
- Year-round support
- Quantitative fit test reports

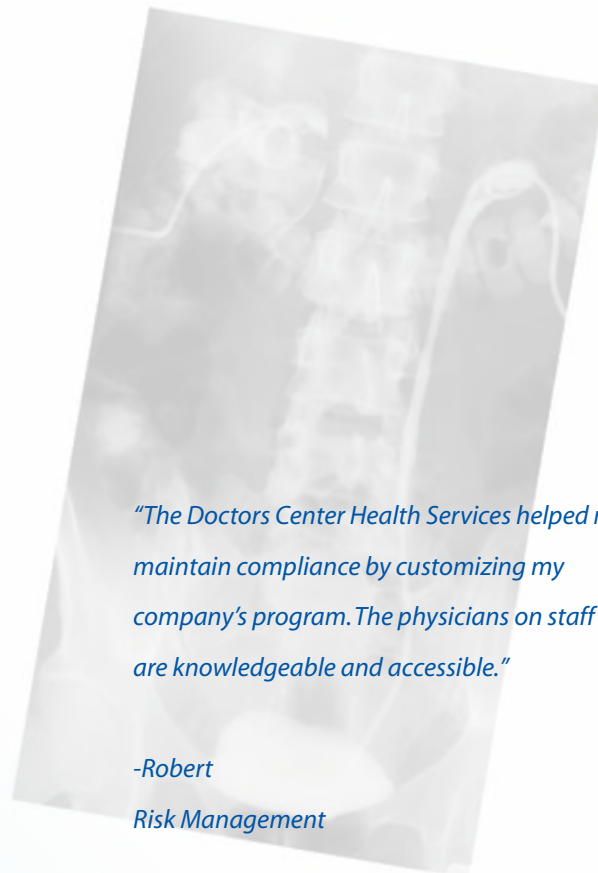


Medical Surveillance

The fundamental purpose of surveillance is to detect and eliminate the underlying causes such as hazards or exposure of any discovered trends and thus has a prevention focus. The Doctors Center Health Services is happy to provide customized surveillance programs tailored to your company's needs.

SERVICES AVAILABLE:

- Blood tests:
 - Lead tests with ZPP
 - Heavy Metals
- Blood Born Pathogens
- HAZMAT Exam
- HAZWOPER Exam
- Baseline Medical Exams
- Annual Medical Exams
- Periodic Evaluations
- Customized Physicals
- X-Ray with B-Mode Reading



"The Doctors Center Health Services helped me maintain compliance by customizing my company's program. The physicians on staff are knowledgeable and accessible."

*-Robert
Risk Management*

Medical Screening

THE DOCTORS CENTER HEALTH SERVICES provides companies with a preventative healthcare and worksite wellness management system that helps target incentive and intervention programs while reducing implementation costs, maximizing participation, increasing employee wellness and decreasing healthcare costs.

Medical screening is a method for detecting disease or body dysfunction before an individual would normally seek medical care. Screening tests are usually administered to individuals without current symptoms but who may be at high risk for certain adverse health outcomes. The fundamental purpose of screening is early diagnosis and treatment of the individual and thus has a clinical focus.

Services Available

- **Blood tests:**
 - Blood Chemistry/Lipid Profile*
 - Complete Blood Count (CBC)*
 - Prostate Specific Antigen-Blood (PSA)*
 - Ovarian Cancer Marker (CA-125)*
 - C-Reactive Protein (HsCRP)*
 - Thyroid Panel with TSH*
 - VAP Cholesterol Tests*
- **Cardiovascular Health Screens:**
 - Echocardiogram*
 - Electrocardiogram (EKG)*
 - Arterial Stiffness Index (ASI)*
 - Ankle Brachial Index (ABI)*
- **Abdominal Aortic Aneurysm Ultrasound**
- **Body Mass Index (BMI)**
- **Body Composition**
- **Osteoporosis Detection:**
 - Bone Mineral Density (BMD) Test*
- **Early Stroke Detection:**
 - Carotid Artery Ultrasound*
- **Blood Pressure**
- **Immunizations:**
 - Flu Shots*
 - Hepatitis A & B*
 - Tetanus*
 - Pneumonia*
- **Thyroid Ultrasound**
- **Vision Screening**



Disease Risk Assessment

The Know Your Number® Disease Risk Assessment

- Assesses an individual's risk of developing chronic disease
- Acts as an "early warning system" to alert individuals and their doctors of potential health problems.
 - *Coronary Heart Disease (CHD)*
 - *Congestive Heart Failure (CHF)*
 - *Type II diabetes*
 - *Colorectal cancer*
 - *Prostate cancer*
 - *Breast cancer*
 - *Lung cancer*
 - *Chronic Obstructive Pulmonary Disorder (COPD)*
 - *Stroke*
- KYN® also provides a goal for the individual to aim for. It helps to promote the doctor/patient partnership to facilitate healthy behavior changes to lower disease risk.

Reporting Individual Reports

Employees receive a confidential assessment based on their individual results. Secure, on-line access is available so employees can access complete reports.

Aggregate Reports

Results from the individualized disease risk profiles are summarized in the form of confidential (no personalized data) aggregate reports that forecast the population's risk of onset for each chronic disease. Aggregate data can then be stratified into risk groups, so that targeted prevention strategies can be planned, budgeted and implemented.





The _____ Doctors Center

HEALTH SERVICES

Substance Abuse Testing

THE DOCTORS CENTER HEALTH SERVICES will manage your company's substance abuse program including designing a program that best fits your company's needs. Our services include mobile testing, national program administration, setting up and maintaining collection sites, testing, reporting and record keeping.

MOBILE TESTING

- Laboratory tests
- Blood and breath alcohol tests
- Separate waiting and collection areas
- Rapid drug screens
- Mobile units in compliance with drug screen collection guidelines
- DOT compliant

MEDICAL REVIEW OFFICER SERVICES

- Our MROs have over 15 years of experience in toxicology and substance abuse
- Our MROs are certified by The American Association of Medical Review Officers
- Routine 24-hour turn around on negative test results
- MRO's available via phone and email

COLLECTION SITE MANAGEMENT

- We will service your company nationally, utilizing over 6,500 collection sites
- We will identify the most convenient collection site(s) according to your locations and requirements

RANDOM SELECTION

- Our random selection program is designed to meet the expectations of the DOT and to comply with EEOC and ADA regulations.
- Employees can be selected by region, location or corporate wide and different percentages set up for different employee groups.

RESULTS

- 24-hour reporting on negative results
- Web-based reporting
- Email notification on all results
- Confirmation telephone calls on all positive results

"...As our MRO, they are always very thorough, comprehensive and accurate in the paperwork that is provided to us. The decision to partner with DCHS is the best we could make.

-JoAnn

Senior Manager, Safety

9803-3 Old St. Augustine Rd. • Jacksonville, FL 32257
(904) 880-9515 • (904) 292-9684 (Fax) • www.thedoctorscenter.com

Drug Screens • Physicals • Audio Testing • Fit Testing • Immunization • Health Screens

Consulting & Training Programs

Our team of physicians and staff join with your operational team to develop client specific, cost-based solutions for your needs. Our advice is tailored to your organization's specific needs and is generally the most cost-effective approach.

We can provide expertise in the following areas:

- Design and implementation of a sound corporate occupational health program
- Medical Evaluations
- Workers compensation case management
- Americans with Disabilities Act (ADA) compliance
- Department of Transportation (DOT) compliance
- Training
- Preventative/wellness programs
- OSHA guidelines and compliance
- Development of policies and procedures

ON SITE TRAINING

- Hearing Protection Training
- Respiratory Protection Training

All courses are video based and are directed and facilitated by thoroughly trained instructors. Pamphlets, question and answer sessions and quizzes are included in each training program.

CPR/FIRST AID COURSES

- Adult AHA Heart saver CPR/AED
- Infant/Child AHA Heart Saver Pediatric CPR
- AHA Basic Life Support for the Healthcare Provider
- AHA BLS for HCP Renewal Online Renewal Course
- AHA BLS for CPR Renewal Course
- AHA Heart Saver First Aid for all ages



"Having access to my reports over the internet has really cut down on the time I've needed to spend on the phone. My manager loves the way I can customize the reports too."

-Mandy

Human Resources

e-WebDr®

With the e-WebDr® program, employers can manage their comprehensive occupational health programs entirely over the internet. Features include the ability to view test results, view injury treatment records, generate customized reports, create users with access limited by function, receive random selection and more.

FEATURES

- Web-based application—Real time access to employee information. The search screen allows for multiple ways of quickly accessing an employee's records. Results can be sorted using a number of different criteria, which allows you to find results quickly and efficiently.
- Multi-user access based on functionality—Multiple security levels ensuring system integrity. Login Screen allows the client users access to the system with a username and encrypted password. User authentication allows us to monitor and report on usage allowing for stronger security.
- Email notification—The reports can be emailed to an individual of your choice by simply clicking a button.
- Customizable reports—All reports provide a wide range of user selected parameters allowing standard reports to be virtually customized, based on your selection.

BENEFITS

- Improve communication between departments
- Reduce paper and printing expenses
- Reduce administrative responsibilities
- Improve overall bottom line